



## Rules and Regulations

1. Parents and children who are not participating in class can utilize the Spot TV app for class viewing from your phone/desktop. You can view the gym and your child from your car or home. All other guests may not enter the gym. Children may not play on the equipment before or after class.
2. ***If a parent needs to speak with their child's instructor they must wait to do so until after class. PLEASE Do not come out onto the floor or enter the gym unless there is an emergency.***
3. Parents, please encourage your children to bring their own drink and use the bathroom and wash and sanitize before class begins. During class, children will only be allowed to leave the gym on an emergency basis.
4. Children must be prepared for class upon arrival wearing appropriate clothing, hair tied back, no earrings and bare feet. Jeans, buttons, zippers, half shirts, or baggy clothing is not permitted.
5. Payment is due no later than the 1st day of class. If payment is not made by the first of the month, your child will be tagged inactive by the computer, will be unenrolled, and children on the waiting list will be called. At the end of each month, students are automatically enrolled for the next month. If your child does not want to be enrolled for the next month, you must notify Thrive using a drop form at the front desk no later than the 15th of their current month.
6. All guests are required to be positive of all employees and other children. Coaches work directly with parents to achieve a balance for each child. Parents and coaches work together to make the best decisions for each child through our quarterly progression weeks.
7. Oftentimes children will express their fears and concerns more freely to a parent than a coach. It is critical that the coaches receive feedback and input from the parents and that parents receive feedback from the coaches.
8. All guests are to encourage their children to participate fully in class, and speak positively about other teammates, parents and coaches
9. Make Ups - If your child will be missing a class and you would like for them to have the opportunity to make up the class, please call ahead of the missed class to let us know your child will not be attending. At that time you may schedule a make-up class. **Make up classes must be scheduled within a month of the absence.** Your child can schedule the make up prior to the missed class if appropriate. Students may do make ups in any age and skill appropriate class.
10. We follow the Centers for Disease Control "CDC" guidance under the childcare and camps programs for prevention and practices. We also comply with State and Federal guidelines as they relate to our gym. **Please do not send a sick child to class. Please communicate if your child has interacted with the gym while unforeseen illness occurs, so that we can take remedial steps for everyone's safety.** Sick children will NOT be allowed to stay. Children who become sick while in class will be isolated from other children and the parent/guardian will be called to pick up the child.
11. Please complete all paperwork to include in the emergency form to notify Thrive Gym of all known medical accommodations that need to be made.

**I understand that these rules are enforced for the benefit and safety of my child. By signing this paper, I consent that I have read and agree to the specifications above.**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_